

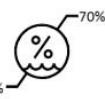


RACER HOME®  
SPECIAL NEEDS STROLLER



## USER MANUAL

*our passion - your independence!*



**CAUTION!** Manufacturer takes responsibility for proper usage of the device only when the product was purchased from qualified Akces-Med employee or at specialized medical store!

**CAUTION!** AKCES-MED Ltd. reserve the right to introduce technical and trading changes in the content of the instruction without warning.

MEDICAL  
DEVICE  
CLASS 1



WYRÓB  
MEDYCZNY  
KLASA 1

Medical product first class according to the Regulation 93/42/EWG of European Parliament and Council regarding medical products. For this product the producer issued relevant declaration of conformity.



Akces-Med Sp. z o.o. Company introduced quality management system ISO 13485 regarding production, sales and service. The system is certified by Det Norske Veritas.



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## INTRODUCTION

**RACER HOME®** Another product from the family of the special needs strollers **RACER®**. It is the response for our customers' individual needs. It is an indoor version of a **RACER®** stroller that is well known and appreciated by our users and their caretakers.

**RACER HOME®** allows transporting children and adults with limited locomotor abilities. It is perfect both for private apartments and rehabilitation centers. The sizes 1 – 3 easily fit into 60 cm wide door, which is especially useful in case of narrow rooms and elevators.

A stable construction and a system of belts and supports make the user feel safe and secure. The stroller retains all the advantages and stabilization systems of the standard **RACER®** stroller as well as the possibility of mounting all the existing accessories.

**RACER HOME®** has been made of durable materials which will allow you to use it for many years. The stroller can be folded and unfolded very quickly and easily, that is why transporting it in a car or storing it does not cause any problems.

*Remember to read this user manual carefully. You will find not only useful information but also guidelines regarding safe and effective use of the product. If you have any questions or remarks, do not hesitate to contact with us:*

*Medical consultant: mobile +48 508 382 509  
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e-mail: [export@akces-med.com](mailto:export@akces-med.com)*

*Thank you for purchasing our product.*



**CAUTION!** Before using the product, user is obliged to familiarize himself/herself with user manual. Remember that complying with guidelines is highly important. It assures safety and extends durability as well as aesthetics of the device.





## 1 THE PURPOSE OF USER MANUAL

The present user manual contains basic information which is essential for proper usage, preparation, maintenance, cleaning and guarantee conditions regarding RACER HOME® stroller.

User manual should be kept in easily accessible place. It is designed for people who look after disabled children, and for both doctors as well as physiotherapists who operate the device.



**CAUTION!** Before using the product, user is obliged to familiarize himself/herself with user manual.

Remember that complying with guidelines is highly important. It assures safety and extends durability as well as aesthetics of the device

## 2 INDICATIONS FOR USE

It is recommended in the following cases:

- Cerebral palsy – various types and forms.
- Brain and spinal cord injuries with lower limbs paralysis and weakness, balance and motor coordination disorders with different etiology.
- Demyelinating disease (e.g. multiple sclerosis – SM).
- Meningocele.
- Muscles diseases with weakness and paralysis (dystrophy, myasthenia gravis, myositis).
- Genetic disorders.
- Degeneration and neurological diseases.
- Other condition connected with muscles weakness, paralysis and musculoskeletal disorders.
- After head and spinal cord injuries and spine trauma with paralysis and paresis.



### 3 GENERAL CHARACTERISTICS OF STROLLER

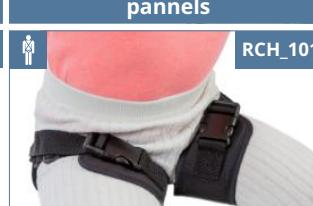
#### 3.1 Standard equipment

- 1. Push handle (adjustable push handle - size 1 and 2; push handle without adjustment - sizes 3 and 4);
- 2. Reclining backrest;
- 3. U cut seat cushion;
- 4. Headrest;
- 5. 4 points safety vest or pelvic belt;
- 6. Adjustable lateral supports;
- 7. Tray;
- 8. Abduction block;
- 9. Footrest with 2 points feet stabilizing belts;
- 10. Front TANGO Wheel with brake;
- 11. Rear TANGO Wheel with fixed direction of movement and brake;
- 12. Clip for backrest angle adjustment;
- 13. Folding mechanism;
- 14. Frame;
- 15. Side tubes protectors;
- 16. Calf side supporting pannels.





### 3.2. Additional equipment

 LED Lights (2 pcs.)	RCH_001
 Aid for moving patients AM-P	RCH_002
 Low head supporting panels	RCH_004
 High head supporting panels	RCH_005
 Folding canopy with side covers	RCH_006
 Thigh abduction belts	RCH_101
 Pelvic belt	RCH_107
 Trunk stabilizing belt	RCH_013
 H Harness	RCH_114
 Calf belt	RCH_115
 Head-neck support	RCH_121
 Loins support	RCH_124
 6 points harness	RCH_125
 Trunk belt	RCH_126
 Narrowing pads 6 cm	RCH_134



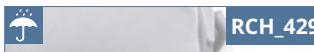
RCH_137	RCH_147	RCH_134
Narrowing pads 10 cm	5 points feet stabilizing belts	Foot and ankle stabilizing sandals
RCH_162	RCH_309	RCH_313
Dynamic ankle stabilizers (FP-22)	Seat cushion BodyMap A-	Back cushion BodyMap B
RCH_321	RCH_321	RCH_310 RCH_314 RCH_318 RCH_32
Back cushion BodyMap B+	Headrest BodyMap D	Cotton cover
RCH_311 RCH_315 RCH_319 RCH_32	RCH_312 RCH_316 RCH_320	RCH_350 RCH_351 RCH_352 RCH_35
VisMemo cover	Aerating-massaging pad	3D MESH cover
RCH_343 RCH_344 RCH_345 RCH_34	RCH_365 RCH_366 RCH_360	RCH_368 RCH_369 RCH_363
Elastic cover	Incontinence Vismemo™ cover	Incontinence cover



RCH_328	RCH_402	RCH_403
Lower limb stabilizer	Sun umbrella	Tray
RCH_404	RCH_405	RCH_408
Canopy with cover	Canopy	Rain cover
RCH_409	RCH_410	RCH_411
Mosquito net	Cotton for headrest	Cup holder
RCH_412	RCH_413	RCH_414
Elastico cusion seat	Elastico cusion backrest	Tray Plexiglas®
RCH_416	RCH_417	RCH_418
Summer footmuff	Winter footmuff	Hood for winter footmuff



RCH\_420



RCH\_429



RCH\_447

Folding canopy with leg cover

Soft cover for footrest

Winter muffs



RCH\_448



RCH\_501



RCH\_506

Self-leveling tray

Bag

Carrier bag for the stroller



RCH\_507



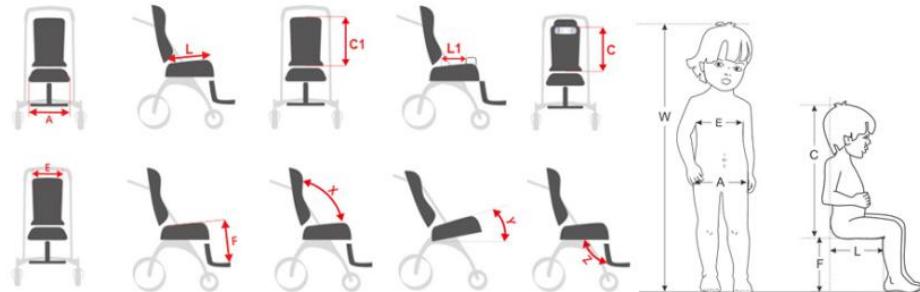
RCH\_509

Oxygen tank holder

Organizer



## 4 SIZE TABLE



Symbol	Measurement	Unit	Size 1	Size 2	Size 3	Size 4
A	Seat width	[cm]	33	36	39	45
L	Seat depth	[cm]	33	43	47	47
C	Backrest height (with headrest)	[cm]	50-62	60-72	66-84	66-84
E	Backrest width	[cm]	30	32	36	41
F	Footrests length	[cm]	30-33	31-36	37-45	37-45
C <sub>1</sub>	Backrest height (without headrest)	[cm]	62	72	84	84
L <sub>1</sub>	Seat depth to the abduction block	[cm]	15-18	23-26	28-32	28-32
	Footer length	[cm]	20	20	22	22
	Push handle height	[cm]	102	102	102	102
Y	Seat tilt angle**	[°]	20	20	20	20
X	Backrest tilt angle	[°]	90-140	90-135	90-140	90-140
Z	Footplate tilt angle	[°]	100-120	100-125	100-120	100-120
	Max. user weight	[kg]	35	50	60	90
	Indicative user height*	[cm]	< 120	< 150	< 180	< 180
Product dimensions & weight		Unit	Size 1	Size 2	Size 3	Size 4
	Width	[cm]	51	53	57	63
	Length	[cm]	107	128	145	145
	Height	[cm]	102	102	102	102
	Width after folding	[cm]	51	53	57	63
	Length after folding	[cm]	105	113	125	125
	Height after folding	[cm]	41	44	50	49
	Weight	[kg]	20	22,5	26	27,5

Note: Measurement tolerance range is +/- 1 cm / ½ in.

\*Height cannot be main factor for selection of product size.

\*\*Value measured with the seat loaded.



## 5 DESCRIPTION HOW TO ASSEMBLE STROLLER

Remember that stroller needs to be assembled. Manufacturer cannot assemble this stroller due to transportation issues. We will give you stroller which needs to be mounted.

In order to use the stroller please follow these steps:

**STEP 1.** Unfold stroller (**look point 6.1, page 13**);

**STEP 2.** Place side pelottes (**look point 6.9, page 19**), seat pillow, covers for folding mechanism (**look point 6.15, page 21**).

## 6 DETAILED DESCRIPTION HOW TO USE STROLLER

### 6.1. How to unfold stroller

Follow these steps so as to unfold stroller:

**STEP 1.** Release clip that regulates backrest's tilt angle (11) (fig.1), pull backrest (2) as backwards as possible (fig.2) and then block it with the aid of clip.





**STEP 2.** Pull handle (1) backwards until elements of folding mechanism are slammed (12) (fig.3). It is highly important to make sure that safety rail (13) is lifted before folding mechanism is slammed. Next, move safety rail down (fig.4) once folding mechanism is slammed.



fig.3



fig.4

**STEP 3.** Mount safety rail (7): place it on stroller frame and block it by pressing simultaneously buttons that are situated on both sides of rail (fig.5);



fig.5



## 6.2. How to fold stroller

Please follow these steps so as to fold the stroller:

**STEP 1.** Dismantle safety rail (7) by releasing buttons that are situated on both sides of rail. Next, pull out rail from stroller frame (fig.6);

**STEP 2.** Lift covers for folding mechanism (14) and then pull elements of folding mechanism (12) (fig.7);

**STEP 3.** Lift safety rail (13) and push simultaneously stroller handle (1) (fig.8,9))

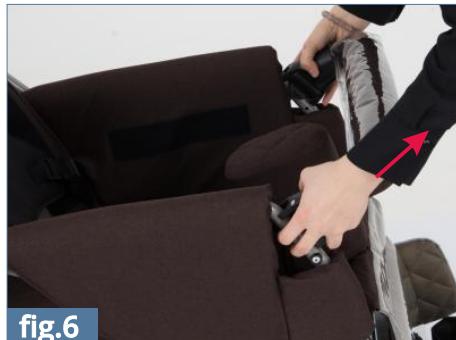


fig.6



fig.7



fig.8



fig.9





**STEP 4.** Release clip from backrest's tilt angle (11) (fig.10) and push backrest (2) as forwards as possible (fig.11)



fig.10



fig.11

### 6.3. The adjustment of footrest length (8)

Please follow these steps so as to adjust footrest length:

**STEP 1.** Remove quick couplings situated on both sides of footrest (fig.12);

**STEP 2.** Adjust the height of footrest at your discretion (fig.13)

**STEP 3.** Insert quick coupling into holes.



fig.12



fig.13



## 6.4. The adjustment of tilt angle (2)

Please follow these steps so as to adjust backrest's tilt angle:

**STEP 1.** Loosen clip from the adjustment for backrest tilt angle (fig.14);

**STEP 2.** Hold backrest and adjust it at your discretion;

**STEP 3.** Block clip



fig.14

## 6.5. The adjustment of footrest tilt angle (8)

Lift slightly footplate so as to release footplate support from catches. Adjust tilt angle at your discretion and block footplate support in suitable catches (fig.15)



fig.15

## 6.6. Feet stabilizing belts (8)

Feet stabilizing belts are equipped with Velcro tapes which make it easier to adjust them to patient's foot (fig.16).



fig.16

## 6.7. Headrest (4)

Headrest is equipped with special elastic belt which is fastened behind stroller's backrest (fig.18, fig. 19). It is possible to adjust headrest according to patient's ne.



fig.17



fig.18



fig.19

## 6.8. Vest

Connect clamps from vest with clamps from adjustable belts that are fastened both at the bottom and top of backrest (4 pcs.) (fig.20). Next, adjust vest to patient's body with the aid of belts.

**It is highly important to adjust properly vest due to the fact that it protects the patient from falling out of the stroller and, moreover, patient can move without freely.**



fig.20



**CAUTION!** Before using the vest, it is essential to familiarize yourself with the safety rules contained in the instruction. Information on how to safely use the VEST can be found on the page 45 of the instruction. Improper use and not obeying the safety rules may endanger the user's health and life.



**CAUTION!** Each time before using the vesty check whether:

- The buckles do not unclip under the pressing force;
- The buckles and belts do not move as a result of incorrect fastening.





## 6.9. Side pelottes (6)

Side pelottes (2 pcs.) are fastened to backrest with the aid of Velcro tapes. It is possible to adjust side pelottes (fig.22).



fig.22

## 6.10. Abduction block (10)

It is possible to adjust abduction block: loosen knobs situated under the seat (fig. 23), place abduction block either along or across seat and tighten knob (fig.24).

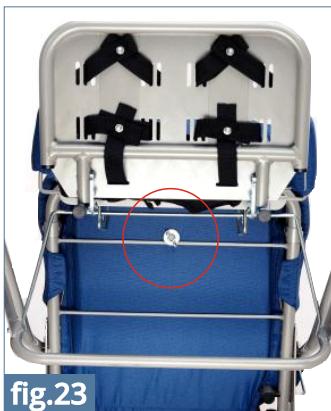


fig.23



fig.24



## 6.12. Wheels with brake (9)

**Stroller is equipped with two independent brakes for rear wheels**

Press brake's lever (fig.25) so as to block rear wheels. Raise lever in order to unblock wheels.



fig.25

## 6.13. Tray (7)

In order to mount table it is necessary to press simultaneously locks which are placed on the exterior side of table's grip and then insert table into place where safety rail was placed (fig.26-27).



fig.26





## 6.14. Adjustable handle (1)

Handle can be regulated by pressing the buttons situated on both sides of handle (fig.27). Release these buttons so as to block handle at chosen height.



fig.27

## 6.15. Covers for folding mechanism (14)

Covers should be fastened with the aid of zipper situated on stroller frame. Next, put covers on folding mechanism so as to cover it (fig.29,30).



fig.28



fig.29



fig.30



## 7 ASSEMBLY OF ADDITIONAL EQUIPMENT

### 7.1. REF RCH\_101 Thigh abduction belts

Follow these steps in order to mount thigh abduction belts:

**STEP 1.** Place belts on seat and insert fastening belts into hole which is situated on the corner of seat (fig.31).

**STEP 2.** Reeve fastening belts around backrest's side tubes and insert belts into hole at the side of seat (fig.32).

**STEP 3.** Interlace fastening belt through regulator which is situated on the belt (fig.33).

**STEP 4.** Interlace fastening belt through snap fastener (fig.34).



fig.31



fig.32



fig.33



fig.34





## 7.2. [REF] RCH\_402 Sun umbrella



fig.35

In order to mount sunshade it is necessary to loosen clip and place it on handle's frame (fig.35). Next, adjust its position at your discretion and unscrew knob (fig.36). If handle pannels are applied, it is possible to fasten sunshade in any place on stroller's frame.



fig.36

## 7.3. [REF] RCH\_403 Tray

In order to mount table it is necessary to:

**STEP 1.** Dismantle safety rail (7) (→ **point 6.2, STEP 1, page 14**);

**STEP 2.** Press simultaneously locks which are placed on the exterior side of table's grip and then insert table into place where safety rail was placed (fig.37).



fig.37



fig.38



## 7.4. [REF] RCH\_405 Canopy

In order to mount canopy it is necessary to:

**STEP 1.** Press catches which are situated on both sides of canopy and then place canopy's catches on stroller's side frame (fig.39);



fig.39

**STEP 2.** Unfold canopy (fig.40);

**STEP 3.** Lock stretchers which are situated on both sides of canopy (fig.41).



fig.40



fig.41

## 7.5. [REF] RCH\_404 Canopy with cover

Mount canopy in accordance with rules described in 8.4 point and only then cover can be mounted. Next, front side of cover should be fastened at the front of canopy with the aid of zip (fig.42, fig.43).



fig.42



fig.43



Back side of cover should be fastened to the back of canopy. Next, fasten back side of cover to the side of cover (fig.44, fig.45).



fig.44



fig.45

## 7.6. REF RCH\_501 Bag

Bag is out on stroller's handle with the aid of tapes with clasps (fot.46).



fig.46



fig.47

## 7.7. REF RCH\_107 Pelvic belt

Pelvic belt is used instead of vest. It is fastened with the aid of belts which are placed at the bottom of stroller's support.



fig.48



## 7.8. REF RCH\_121 Head-neck support

The headrest (fig.49) is mounted on the backrest by use of Velcro straps. The straps should be fastened behind the backrest at the desired height.



fig.49

## 7.9. REF RCH\_410 Cover for headrest

Cover is made of cotton and it should be put on headrest (fig.51). Regarding material, it has some bands thanks to which material does not slip down.



fig.51

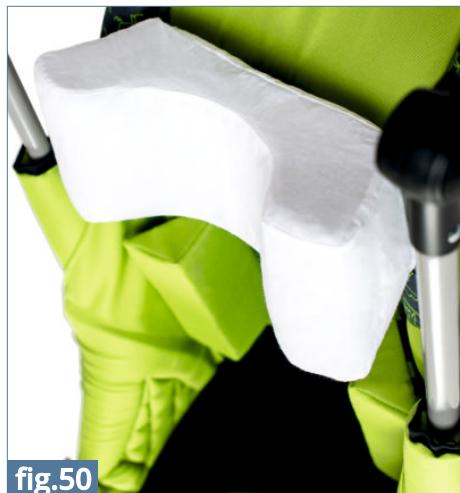


fig.50

## 7.10. REF RCH\_411 Cup holder

In order to mount cup holder it is necessary to follow these steps:

**STEP 1.** Loosen clip and place cup holder on stroller's frame (fig.52);

**STEP 2.** Adjust position of cup holder and tighten knob (fig.53);

**STEP 3.** You can adjust cup holder with the aid of button. (fig.54)



fig.52



fig.53



fig.54



fig.55



fig.56

**Cup holder is perfect for small and handy bottles with water (fig.56).**

### 7.11. REF RCH\_412 Elastico cusion seat,

ELASTICO anti bed sore cushion is made of thermo-active foam. Moreover, it is placed in cover which is made of airy material, namely ACTIV Space. Cushion should be put on stroller's seat in a place that is created for cushion from standard equipment.



fig.57



## 7.12 [REF] RCH\_417 Winter footmuff

In order to mount winter footmuff it is necessary to:

**STEP 1.** Place winter footmuff on lower part of footrest plate and the fasten it with the aid of Velcro tapes (fig.58,59).



fig.59



fig.58

**STEP 2.** Place upper part of footmuff behind stroller's backrest (fig.60).

**STEP 3.** Footmuff is equipped with special hole for abduction block and for belts with buckles. It is important to fasten vest to these belts (fig. 61,62).



fig.61



fig.60

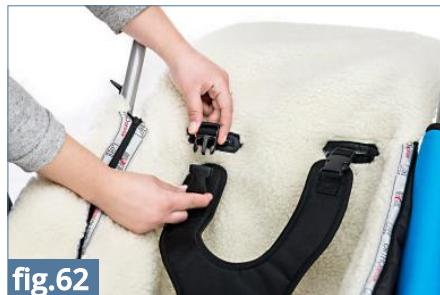


fig.62



**STEP 4.** Footmuff is equipped with fasteners with Velcro tapes. These Velcro tapes should be fastened on stroller's frame in a place that is created for rail. (fig.63)



fig.64



**STEP 5.** Upper part of footmuff should be secured by means of fastener (fig.65)

## 7.13 [REF] RCH\_418 Hood for winter footmuff

In order to mount hood for winter footmuff it is necessary to:

**STEP 1.** Fasten winter footmuff (look point 7.12, Step 1-5, page 28-29).

**STEP 2.** Put hood on stroller's frame and then take out belts with buckles through two holes in hood. Next, fasten vest (fig. 65,66)



fig.65



fig.66



## 7.14 [REF RCH\_004] Low side cover for head

In order to put low side cover for head on stroller it is necessary to place it on frame so as that middle part of cover is situated behind backrest and its endings with Velcro tapes cover side frame (fig.70).



fig.70

## 7.15 [REF RCH\_005] High side cover for head

In order to put high side cover for head it is necessary to place it on frame so as that middle part of cover is situated behind backrest and its endings with Velcro tapes cover side frame as well as adjustable stroller handle (fig.71).



fig.71

## 7.16 [REF RCH\_124] Loins support

In order to mount the loins support, you should fasten the Velcro straps at the desired height of the backrest. (fig.72).



fig.72



fig.73



## 7.17 [REF] RCH\_420 Canopy with side covers

In order to mount canopy with side covers it is necessary to follow these steps:

**STEP 1.** Place its catches on side frame and then press them (fig.72);

**STEP 2.** Unfold canopy and simultaneously block stretchers which are situated on both sides of canopy (fig.73);

**STEP 3.** Side covers should be fastened to canopy with the aid of zipper and



fig.74



fig.75



fig.76



fig.77



## 7.18 [REF] RCH\_126 Trunk belt

Trunk belt (fig.76) is assembled with the aid of Velcro tapes situated behind stroller (fig.77, 78). Trunk belt can be used only when patient is wearing vest!



fig.80



fig.78



fig.79

## 7.19 [REF] RCH\_137 Narrowing pads 10 cm

Narrowing pads 10 cm (fig.81) are really beneficial because they make it possible to adjust the width of seat to patient's measurements. Use Velcro tapes situated on stroller's upholstery so as to assemble them on seat. (fig.82).



fig.81



fig.82

**7.20 [REF] RCH\_134 Narrowing pads 6 cm**

Narrowing pads 6 cm (fig. 83) are really beneficial because they make it possible to adjust the width of seat to patient's measurements. Use Velcro tapes situated on stroller's upholstery so as to assemble them on seat (fig. 84).

**7.21 [REF] RCH\_414 Plexiglas tray**

Please look at point 7.3. so as to find out how to mount Plexiglas table (**look point 7.3, RCR\_403 Tray, page 23**).





## 7.22 [REF RCH\_115] Calf belt

## Calf belt is assembled on footplate

Please follow these steps so as to assemble belt:



fig.87



fig.88



fig.89

**STEP 2.** Thread calf belt through the frames of covers in a way that belt's fastening is placed towards the inside of stroller (fig.90, fig.91)



fig.90



fig.91



**STEP 3.** Fasten belt with the aid of Velcro tapes: thread belt through one of two fasteners from calf belt (fig.94). You can choose either first (fig.92) or second fastener (fig.93) - it depends which adjustment is the most comfortable. This activity should be repeated for the second side.



### 7.23 [REF] RCH\_114 H harenss

Please look at point 7.8 so as to find out how to assembly vest (**look point 6.8, page 18**). Initially, patient should not adjust vest tightly. Once vest is put on, it should be fastened with the aid of belts with plastic straps. Vest can be quickly unfastened (fig.95).



**7.24 [REF] RCH\_125 6 points harness,**

In order to mount 6 points vest it is necessary to:

**STEP 1.** 6 points vest should be put on and then it is important to fasten zipper and buckle at the front of vest (fig.98-101);



fig.97



fig.98



fig.99



fig.100



fig.101

**STEP 2.** Adjust vest with the aid of Velcro tapes situated at the back of vest (fig.102, 103).



fig.102



fig.103

**STEP 3.** Fasten vest to stroller's frame by means of four buckles. It should be fastened in a place that is created for standard vest (fig.104). So as to fasten it, use not only buckles but also fastening belt that should be threaded behind stroller's backrest and fastened at the front of vest (fig.105)





fig.104



fig.105



**CAUTION!** Before using the vest, it is essential to familiarize yourself with the safety rules contained in the instruction. Information on how to safely use the VEST can be found on the page 45 of the instruction. Improper use and not obeying the safety rules may endanger the user's health and life.



## 7.25 [REF] RCH\_507 Oxygen tank holder

In order to mount oxygen tank holder it is necessary to:

**STEP 1.** Take out two belts from buckles that are situated at cover.

**STEP 2.** Take out adjuster no.2 and buckle from belt. It is important to leave adjuster no.1 on the belt (fig 109,110)



fig.110



fig.109



fig.111

**STEP 3.** Thread one of the belts through stroller's handle (fig.111) and then thread the end of belt through adjuster no. 1.



fig.112

**STEP 4.** Thread belt through adjuster no.2 (fig.112).



**STEP 5.** Put buckle on belt and thread belt through buckle as it is presented in the picture below (fig.113, 114). The end of belt should be inserted into adjuster no. 2.



fig.113



fig.114



fig.115

**STEP 6.** Second belt should be fastened on stroller's side frame as it is described in stages 2-5. The picture below shows how belts should be fastened (fig.115).

**STEP 7.** It is possible to fasten cover with oxygen tank holder (fig.116,117). The length of belts can be adjusted if necessary.



fig.116



fig.117



## 7.26 [REF] RCH\_408 Rain cover

Rain cover can be put on stroller only if canopy is mounted (it concerns folding canopy with covers **RCH\_404**, Foldin canopy **RCH\_405** or Folding canopy with side covers **RCH\_420**).

Follow these steps so as to mount rain cover:

**STEP 1.** Holes in cover should overlay with handle (fig.119, 120) and stretch cover so that it covers canopy and stroller.



fig.118



fig.119



fig.120

**STEP 2.** Mount cover on stroller's frame (fig.121)



fig.121





## 7.27 [REF RCH\_006] Side pannels

Please follow these steps so as to mount side pannels on the stroller:

**STEP 1.** Fix pannels to stroller's frame in appropriate places.

Pannels should be fixed on stroller's frame in three places (fig.122):

- 1) in upper part of the stroller, next to handle for pushing,
- 2) under folding mechanism,
- 3) next to safety rail.

As far as points 1 and 3 are concerned, side pannels are mounted on rail with the aid of belts with fasteners (fig. 123-126).



fig.122



fig.123



fig.124



fig.125



fig.126

Regarding point 2, pannels are mounted on rail by means of belt with Velcro tape (fig.127).



fig.127

**7.28 [REF] RCH\_413 Elastico backrest cushion**

In order to attach the Elastico backrest cushion to the stroller backrest it is necessary to follow these steps:

**STEP 1.** Detach the standard 4 point vest.

**STEP 2.** Attach the cushion to the backrest by use of Velcro straps.

**NOTE!** The cushion should be attached in such a way that rounded part of the cushion acts as a lower back support! (fig.129).



fig.128



fig.129

**STEP3.** Fasten the standard 4 point vest (fig.130, 131).

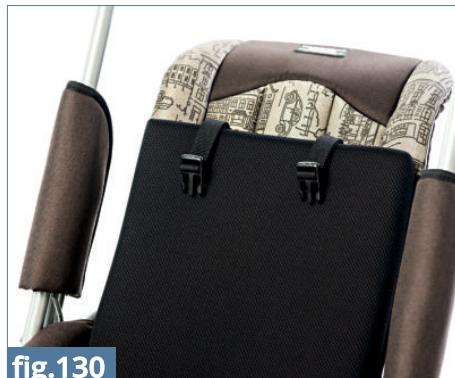


fig.130

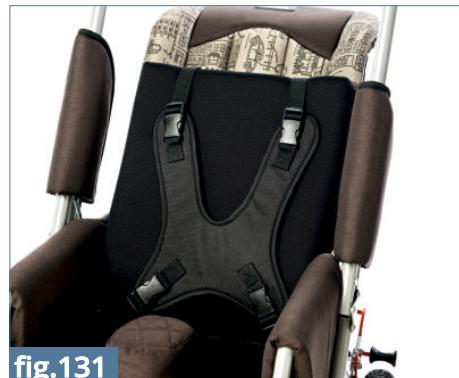


fig.131



## 8 THE USE OF STROLLER



**CAUTION!** RACER HOME® stroller has to be used with compliance to guidelines included in this user manual. Remember to use the product only with someone who is trained and knowledgeable. Do not forget to prepare both product as well as patient before using RACER HOME® stroller!

### 8.1. Preparation of the patient

Before using the product, it is essential to make sure that:

- patient's outfit is light and comfortable sporty clothes are advisable;
- shoes should be comfortable and, moreover, they should stabilize ankle;
- due to hygienic reason and to avoid abrasion it is advisable for the patient to always wear clothes when using the device, skin must not be naked especially in places of regular contact with upholstery;
- drains, bags, catheters etc. if applied, have to be secured to function properly and not to disturb during using the product;
- if it is necessary for a patient to wear orthopedic supply (collar, corset, orthosis, shoes) if it is recommended by doctor.



**CAUTION!** Outfit should protect patient's skin from direct contact with upholstery as well as other parts of equipment.

**CAUTION!** Only doctor can make a decision concerning using any kind of orthopedic supply!





## 8.2. How to use stroller

1. Before use it is necessary to:
  - Unfold the device;
  - Place the device on even ground;
  - Make sure that all parts are serviceable, correctly mounted and stable;
  - Block brakes;
  - Adjust the device to patient's measurements;
  - Undo vest, trunk belts etc so as to place easily the patient in the device;
  - Place patient in the device;
  - Fasten all elements which stabilize patient e.g. vest, trunk belts, feet stabilizing belts etc.;
  - Mount additional equipment e.g. tray.
2. In case of patients who have problem with bladder, it is necessary to put special cloth on seat. This cloth can be purchased in pharmacy or medical shops.
3. It is essential to hold stroller with the aid of handle during using it otherwise stroller can roll.
4. Remember to place stroller forwards
5. In case of any obstacles such as step or curb, it is necessary to raise front wheels by pressing the handle down . Next, place front wheels on step and then raise back part of stroller with the aid of handle.



**CAUTION!** Before the product is used, it is highly necessary to make sure that all belts as well as safety equipment are correctly fastened as well as adjusted. What is more, check if they do not become undone due to the pressure and, moreover, make sure that clampings from adjustable elements are firmly tightened!

**Equipment works correctly only when the device is adjusted according to patient's height as well as weight. Remember to take all these measurements into account while purchasing the product. Correct adjustment is the most important due to the fact that only then the product is safe. It is forbidden to foRCH child to keep specific position because he/she will feel uncomfortable and it may lead to wrong posture.**



## 8.3 How to use vest

---



The vest provides posture support for wheelchair users as well as patients sitting in positioning chairs or other rehabilitation seats. When properly used, the vest allows the patient to adopt the correct sitting position for a longer period of time. The design and shape of the vest make it possible for the patient to be free to move their upper limbs within the constraints of the patient. **If the vest is not used properly, it can pose a serious threat to the health and life of the patient!**

---

### Possible threats incident to the use of the vest:

- 1) If the lower vest straps are fastened too loosely, there is a risk that the vest will move upwards to the patient's neck, making it difficult to breathe – always check the tension of the straps and set them in such a way that the lower edge of the vest is located near the lower abdomen of the patient.
- 2) In a situation when the patient slips off the seat, the upper edge of the vest cover's the patient's neck and blocks the trachea, making it difficult to breathe – it is therefore necessary to **ALWAYS** use the accessories stabilizing the patient's pelvis, such as a pelvic belt, thigh abduction belts or an abduction block.
- 3) There is a risk that the upper straps of the vest will press the patient's neck, blocking the trachea and making it difficult to breathe. This might happen if the patient's body is improperly secured in the seat or stroller – it is then necessary to use the optional accessories of these devices and stabilize the patient's body using the lateral supports. If there is no possibility to use such accessories with the device and the patient's body cannot be properly stabilized, the device should be replaced with the one having such an option.
- 4) The vest is fastened too tightly to the backrest and as a result the patient cannot breathe easily – in this case the vest should be loosened in such a way that it is possible for the caregiver to insert a straightened hand between the vest and the patient's body. If, however, we want to stabilize the patient's body properly, we should use a dynamic orthopedic vest, e.g. a Flex-point vest, which does not cause the breathing difficulty for the patient.

**Instructions for the proper use of the vest:**

- 1) Make sure that the patient is sitting in the best possible position:
  - in the middle of the seat,
  - deeply in the seat in such a way that the patient's lumbar spine rests against the backrest.
- 2) Secure the patient's pelvis with, for example, a pelvic belt, thigh abduction belts or an abduction block.
- 3) Make sure that the side supports of the device, if used, are set in the correct position. It is required that the patients with the poor trunk control use the side supports. The side supports limit the lateral movements of the patient's body, which could lead to the compression of the vest straps on the neck of the patient.
- 4) Secure the vest:
  - fasten and adjust the lower straps of the vest, so that the lower edge of the vest is located near the lower abdomen of the patient,
  - fasten the horizontal strap of the vest (if present),
  - fasten the shoulder straps of the vest,
  - check if the buckles of the vest do not open under pressure.
- 5) Check the patient's position:
  - make sure that the vest cannot move by itself towards the patient's neck,
  - make sure that you can insert a straightened hand between the vest and the patient's body.

**To prevent injuries and to minimize the risks associated with the use of the vest, the following rules should be followed:**

- 1) The position of the vest MUST be checked each time after putting the patient in the seat.
- 2) Special attention should be paid to protecting the patient from falling forward, slipping off the seat or lifting the pelvis. The vest MUST be used with the accessories which will secure the patient's pelvis at all times (e.g. the pelvic belt, thigh abduction belts or the abduction block). The use of the vest cannot be considered separately but as a part of a general posture support system including supports such as pelvic belts, foot support, torso stabilization, thigh abduction belts, tilt-in-space position and reclining backrest.
- 3) Special attention should be paid to ensuring that the entire foot of the patient has stable support. If the device is not equipped with a foot support, the patient's feet must rest firmly against the ground.



- 4) It should be remembered that any change of the inclination angle of the backrest, seat, foot support or tilt-in-space function might affect the effectiveness of the belts and supports!
- 5) Special attention should be paid to the use of stabilization elements or side supports. If the patient has poor trunk control, the side supports will limit the lateral movements, which could lead to the compression of the vest straps on the neck of the patient.
- 6) The mounting of the vest and adjusting it to the patient can only be carried out by a suitably trained person, who is familiar with the instructions for the use of the vest and the rules of its safe use.
- 7) Do not make any repairs or modifications to the vest on your own. In order to repair or replace any part of the vest, please contact the manufacturer. 8) Do not use a damaged or incomplete vest, as this poses a serious threat to the health and life of the patient!
- 9) Do not leave the patient in the device unattended!
- 10) The correctness of the use of the vest should be particularly controlled in accordance with the recommendations in case of children, patients with impaired memory or mentally ill.
- 11) Make sure that all people taking care of the patient are familiar with the rules of the safe use of the vest.

### **How to care for the vest:**

The vest works effectively only if kept clean and maintained in accordance with the manufacturer's instructions. Before each use of the vest, check whether:

- 1) The vest straps are not frayed or worn. If so, have them exchanged for new ones,
- 2) The vest straps are not attached to the wheels of the device,
- 3) The buckles are not damaged. If so, have them exchanged for new ones,
- 4) The Velcro fastening holds firmly. If not, remove any dirt or hair from the Velcro, or have it replaced with a new one,
- 5) There have been no changes in the patient's height or weight from the moment the vest was adjusted to the patient,
- 6) The shoulder straps of the vest are adjusted so that they are not too loose or too tight,
- 7) The vest should be cleaned regularly with the use of warm soapy water and dried out of the direct sunlight and other sources of heat. The vest must always be dry before usage.

**If you have any doubts or questions about the use of the vest, please contact your doctor or physiotherapist.**





## 9 SAFETY RULES



**CAUTION!** RACER HOME® stroller has to be used in compliance with guidelines in this user manual.

It is highly important to consult either doctor or physiotherapist in order to make right decision concerning the choice of stroller and its size. It is also essential to familiarize with the guidelines described in user manual before using the device.

### 1. Before use it is necessary to:

- make sure that there are no damages or different faults which could endanger patient's life; check if all parts are working and are correctly mounted and, moreover, check if they are not broken;
- check if all screws, knobs and all glued, sewed or tapped parts are tightened;
- check if brakes are operating correctly;
- check if buckles are operating correctly;
- always use safety belts, Velcro tapes should overlap min. 8cm;
- adjust the device according to patient's measurements and needs e.g. the adjustment of pelottes, footplate etc.;
- make sure that all movable parts and knobs for adjustments are stable and locked;
- secure patient with the aid of elements such as vest, foot stabilizing belts, pelottes, abduction block, headrest. It is highly important to secure patient because it safeguards him/her from falling out. If abduction contracture occurs, it is recommended to use abduction block in order to prevent ulcers between knees.





2. It is forbidden to use stroller for different purposes that it is intended to.
3. It is forbidden to use stroller when it is damaged or any part is missing.
4. It is forbidden to leave the patient unattended.
5. Stroller should be used only when there is someone who is trained and knowledgeable.
6. It is forbidden to leave stroller and the patient on unstable ground unattended, even if the brake is engaged.
7. It is forbidden to either go up or down the stairs; it doesn't matter if the patient is placed in the device or not.
8. It is important to engage brake during getting into and getting out the stroller.
9. Make sure that all limbs are not close to spokes or other adjustable elements.
10. Please pay your attention when approaching to sources of fire or sources of high temperature during using the device. Moreover, stroller shouldn't be stored in rooms with high humidity.
11. Secure stroller during transportation in order to avoid any possible damages. Manufacturer doesn't take responsibility for damages which appeared due to improper preparation of the device during transportation.
13. Before using the stroller, remove all paper and plastic packaging. The packaging is not a toy! Keep away from children and animals.



**CAUTION!** It is forbidden to place the patient in the device while being in car, bus or train.

**CAUTION!** The device contains small parts which children may swallow.

**CAUTION!** It is forbidden to make any changes concerning stroller's structure due to the fact that it is dangerous and it results in losing warranty.

**CAUTION!** The weight of user should not be bigger than maximal weight described on page 12 where you will find information regarding this issue.

**CAUTION!** This device can be only used inside the buildings.

- 1) AKCES-MED Sp. z o.o sells products free from manufacturing defects or faults.
- 2) Manufacturer gives the purchaser 24-month guarantee from the date of purchase. All defects revealed during warranty period will be repaired free of charge.
- 3) All defects which appear after warranty period can be repaired only when the user will pay for it. This rule doesn't apply to refunded products - user can ask National Health Refund for refund.
- 4) Manufacturer claims that the product can be used for 48 months. User can use this product after this period only when he/she will send the device to manufacturer so as to service it. Next, manufacturer determines again how long the product can be used and, moreover, the date of the next service will be determined.
- 5) If product is damaged, please contact our dealer or AKCES-MED customer service (ph. 17/864 04 70)





## 10 MAINTENANCE AND CLEANING

Stroller should be kept clean and used in compliance with the manufacturer's recommendations. The device should be kept in clean, dry and ventilated room. Maintenance as well as cleaning have to be performed at least once a month. Regular cleaning and maintenance of stroller are indispensable to maintain its correct functionality as well as safety.

It is highly advisable to remember about proper maintenance in order to extend product's aesthetics. So as to do that, it is essential to comply with these guidelines:

1. It is recommended to clean upholstery with the aid of cleaning product, soft sponge and warm water. If you use sponge which is too wet, stain may get bigger, upholstery may be destroyed. It is necessary to remember that the excess of dampness should be removed from fabric before next cleaning. Please rinse upholstery with warm water and clean white cloth once stain is removed.
2. It is forbidden to soak upholstery!
3. It is forbidden to clean upholstery with the aid of hard brushes.
4. It is forbidden to clean upholstery with strong chemical agents such as solvent or caustic chemicals.



**CAUTION!** Akces-MED. Sp z o. o takes no responsibility for damages caused by use of wrong clearing agent.

5. It is forbidden to soak upholstery during cleaning. Remember that upholstery has to be always dry before using.
6. It is forbidden to clean, make any changes and maintain wheelchair during using it.
7. All metal as well as plastic elements should be cleaned by hand with the aid of general cleaning products. Remember to familiarize yourself with cleaning product's leaflet.





**CAUTION!** Remember that upholstery has to be always dry before using!

Before using it is necessary to:

- clean wheels;
- check if base as well as wheels are correctly mounted; check if brake stops turning wheel;
- make sure that all wooden parts e.g. tray don't have splinters;
- check if wheelchair construction is free of breaks or any kinds of deformities;
- check if all movable parts are working and all screws, nuts, knobs etc. are correctly tightened;
- check if belts, vests, trunk belts, feet stabilizing belts etc are not frayed; check if buckles and clamps work correctly.



**CAUTION!** Manufacturer takes responsibility only for hidden faults or damages which appeared despite the fact that user complied with the guidelines.

**CAUTION!** In case of any damages, it is essential to contact the person who sold you the product.



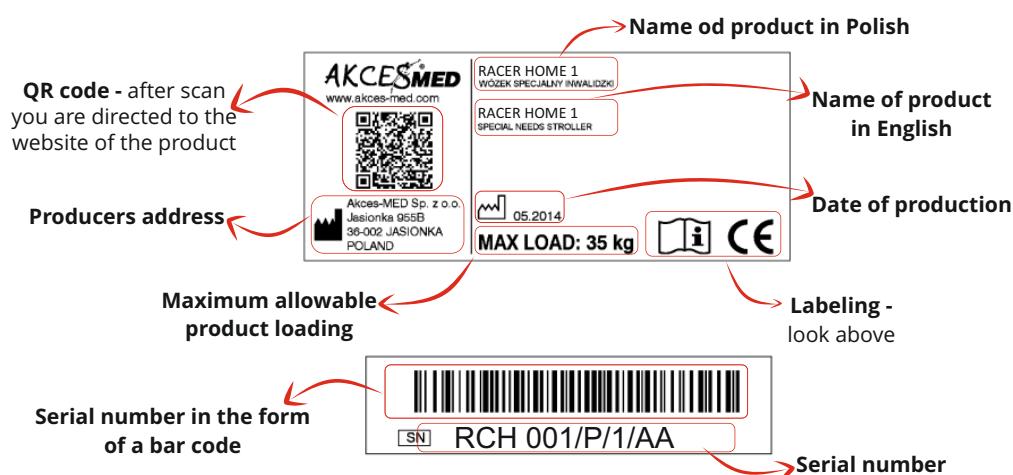


## 11 LABELLING

### 11.1. Symbols

	Declaration that the product meets the essential requirements		Protect from sunlight
	Catalog number		Storage temperature limitation
	Serial number		Relative humidity storage
	Please read the manual instructions before use		Dry vertically
	Attention!		Do not chlorinate
	Producer		Do not iron
	Production date		Do not dry in a drum dryer
	The product does not contain		Do not bleach
	Store in a dry place		Careful! delicate content
	Prohibition of use without fastened safety belts		Prohibition to leave the patient without care during use of the product
	It is forbidden to either go up or down the stairs; it doesn't matter if the patient is placed in the device or not.		It is forbidden to either go up or down the stairs; it doesn't matter if the patient is placed in the device or not.

### 11.2. Example of identification plate









ORTHOPAEDIC DEVICES MANUFACTURER



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Date of issue:

**19.12.2017**

The last update:

**30.12.2020**

*our passion - your independence!*